The Invictus Games use the power of sport to inspire recovery, support rehabilitation and generate a wider understanding of wounded, injured and ill servicemen, women and veterans who are characterized by inspiration, courage and defiance. To ensure that they are delivered to the highest possible standard, the Invictus Games Foundation has endorsed these General Rules for the Invictus Games.

Invoking the Invictus spirit to “do all you can to lift up everyone around you” and recognizing the Invictus Games values of teamwork, empowerment, recognition, commitment, respect and courage, each participating nation and every competitor is asked to abide by these rules in their preparation for the Games and in the sporting competition itself.

London 2014 and Orlando 2016 witnessed many incredible moments that changed lives forever. The Invictus Games Foundation sends every good wish to all those involved in Toronto 2017, and seeks to support everyone, especially the competitors, who will display the very best of the Invictus spirit during the sporting competition next September.

Dominic Reid OBE, Managing Director
Invictus Games Foundation
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*Si vous avez besoin d’une copie du document en français, n’hésitez pas à nous contacter. Il nous fera plaisir de vous fournir une copie.*
GENERAL RULES
This document outlines the general rules for the Invictus Games - Toronto 2017.

1. All participation in the Invictus Games should be executed with supreme sportsmanship and respect for the rules, competitors, officials, volunteers, and staff.

2. Competitors should adhere to the core principles of “Clean Sport.”

3. Nations are responsible for managing the conduct of their team members. We remind nations that all competition and training venues, whether indoors or outdoors, are Non-Smoking. Some venues may indicate specific areas where smoking is permitted.

4. Competitors and team staff are strongly encouraged to keep alcohol consumption to a minimum when representing their nations in team uniform at all venues, including competition venues, training venues, at the team hotel and at the opening and closing ceremonies.

5. Accreditation must be worn at all times to guarantee access to all venues, competitor preparation areas, transportation, and meals, etc.

ELIGIBILITY CRITERIA

6. The Invictus Games (the “Games”) are open to Wounded, Ill and Injured participants from all branches of the regular or reserve Armed Forces of participating nations who have become wounded, ill or injured during or as a direct consequence of their service.

7. Competitors will only be permitted to register to compete through their nation’s official Invictus Games team representative. Independent competitors will not be permitted to compete.

8. Eligible nations will be contacted through their Ministry of Defense and invited to express their interest in attending the Games. Each nation will be allocated a maximum number of Competitor and Team Official slots. Requests for additional slots must be made in writing to the host organizing committee and will be considered only if space permits.

9. Competitors who have participated in a Paralympic Games, World Championships, or other international events, as a past or present national team member, are eligible to participate in the Invictus Games in any sport.

10. If there is any doubt about a participant meeting the eligibility criteria, or if two events may conflict on the competition schedule, the nation’s Team Manager should contact Invictus Games Toronto 2017 Organizing Committee (IG2017) at their earliest opportunity.
CATEGORIES

11. All events will use the Invictus Games Categories, as outlined in each individual sport’s rules. All impairments will be matched to a sport-specific category.

12. Team Managers will be responsible for properly assigning each competitor to the appropriate Invictus Category during the registration process.

13. Competitors will have the opportunity to have their Categorizations validated by experienced Classifiers on site in Toronto prior to competing to ensure they have been entered in the appropriate event category. This process will be discussed during Nation Registration Meetings in June 2017.

14. IG2017 will be responsible for resolving questions of competitor categorization.

NOTE: IG2017 reserves the right to modify the published categorization structure should it determine that doing so would be in the interest of inclusion, safety, or fair play.

ENTRIES AND SUBSTITUTIONS

15. Team Managers are responsible for submitting all Competitor registrations, event entries, and categories via the online registration system during the open registration period of April 15 – May 31, 2017.

16. Team Managers will have the opportunity to confirm their entries during Nation Registration Meetings in June 2017. Dates and details on format and delivery to follow.

17. Registration in multiple sports/events is permitted. Participants may compete in as many individual and team sports as they wish, and in as many events as they desire, provided that the competition schedule and individual sport program allows for it. Every attempt has been made to create a competition schedule that will permit competitors to participate in as many sports as possible. Due to venue availability, location, competition format, and unpredictable travel times, there will be instances where sport competitions will conflict with one another. IG2017 reserves the right to cap sport entries per sport should there be conflicts within our format and scheduling.

18. IG2017 will publish a Sport Entries Guide in March 2017 that will indicate recommendations and warnings regarding potential conflicts. While the Registration system will allow a nation to register a competitor in a sport with a potential conflict with another sport, the nation and competitor must accept the risk that they may not be able to keep to their anticipated schedule due to a variety of factors.

NOTE: Nations should strongly consider the recommendations of IG2017 when creating their competitors’ itineraries. The competition schedule will not be adjusted to allow additional time to rest, recover, or travel from one venue to another in order to compete in multiple sports in the same day.
19. All entries will be frozen from June 1 through to the start of the Nation Registration Meetings.

20. Nations may continue to submit requests for additions or substitutions for consideration following the Nation Registration Meetings. IG2017, at its own discretion, will determine whether to accept or reject any requests received after the close of registration on May 31st.

21. Should an event not meet the required minimum number of entries (see sport rules), the teams will be notified in June 2017. Team Managers will have the opportunity to enter the affected competitors into a different event.

22. Games-time replacements due to injury or other unforeseen situations will be considered under the following conditions:
   a. Request for replacement of the injured competitor is made in writing by the Nation Lead to the IG2017 Nation Relations staff or Sport Organizing Committee (SOC) Chair before the technical meeting for that sport.
   b. The replacement competitor must already have been registered as a member of the nation’s delegation.
   c. The replacement must be accepted by the SOC Chair.
   d. The SOC Chair will reserve the right to make the final decision on any late replacement requests.

23. Any competitor wishing to withdraw from an event should contact IG2017 Nation Relations staff or the SOC Chair for that sport in writing as soon as possible.

GOVERNANCE, DECISION MAKING, AND DISPUTES

24. IG2017 sport program is managed and governed by a volunteer-led Sport Working Group consisting of a Chair and several Sport Team Leads.

25. Each sport shall be organized and governed by its own volunteer-led Sport Organizing Committee (SOC), under the direction of the SOC Chair, who has been appointed by the recognized governing body for each sport in the province of Ontario.

26. The SOCs consist of a team of dedicated volunteers who possess exceptional leadership skills and event operations experience in their respective sports.

27. The SOC Chairs will be responsible for interpreting and enforcing the sport rules, including making decisions on any rules, adaptations, or exceptions not specifically covered in the Invictus Games sport rules.

28. If there is a question about a rule, or its interpretation, that arises during the Games, a Team Manager should raise their question at the earliest possible time to a member of the SOC or to the Sport Information desk. The Sport Work Group Chair will have final decision making responsibilities on Games-wide rules and the SOC Chair will make final decisions regarding sport specific rules or interpretations.
29. IG2017 will NOT have a formal protest procedure. Once approved by the Technical Officials and SOC Chair, the results should be seen as final.

DELAY, POSTPONEMENT, CANCELLATION

30. The Technical Officials or SOC Chairs may, in the interest of safety or competition fairness, delay the start of competition, or suspend competition if such conditions exist that would lead them to make such a decision. (eg. inclement weather).

31. In extreme circumstances where adverse conditions persist, the Technical Officials, and the SOC Chair, in consultation with the Sport Working Group Chair, may recommend to delay competition for several hours, alter the format of the competition to complete it within the prescribed time frame, postpone a competition to another day, or cancel the competition entirely.

32. The final decision on how best to proceed in the case of any unusual, extreme, and/or unexpected circumstances falls under the jurisdiction of the SOC Chair.

MEDALS

33. In events with four or more starts, Gold, Silver, and Bronze medals will be awarded.

34. In events with three starts, Gold and Silver medals will be awarded.

35. In events with two starts, only the Gold Medal will be awarded.

36. Medals will be awarded to all squad members up to the maximum allowable squad size for the sport.

37. Medal Ceremonies may take place both throughout a sports competition as well as following the conclusion of all competition. Should a competitor choose to leave a competition prior to the Medal Ceremony, whether to compete in another sport, or for any other reason, they will receive their medal at a later time but will forfeit their opportunity to participate in the Ceremony.

UNIFORMS

38. Competition uniforms will NOT be provided by IG2017. Each Nation is responsible for ensuring that their competitors are properly uniformed for their respective sport competitions.

39. The SOC Chair for each sport, in consultation with the Technical Officials and IG2017 staff, will have the ultimate responsibility to ensure competitor uniforms meet minimum standards for sport performance and safety.

40. Specific uniform rules, if they exist, including mandatory items and/or restricted items will be included within the individual sport rules.
41. Ideally, uniforms for team sports should include two sets of properly numbered jerseys in contrasting colours.

42. IG2017 will publish Uniform Branding Guidelines to ensure proper usage of all Games markings and logos and to protect sponsor rights.

43. Nations who arrive for competition without proper uniforms, or with uniforms that do not contrast their opponents in team sports will be required to wear generic jerseys supplied by IG2017.
COMPETITION FORMAT AND CATEGORIES
ARCHERY

COMPETITION FORMAT

OVERVIEW

1. The Archery competition will feature separate Men’s and Women’s divisions for three individual events and a Mixed team competition over three event categories.
   a. The SOC Chair reserves the right to combine gender categories if an event has fewer than 3 entries. For example, if IA1 has only 2 entries, they will compete for the same medals as IA2.

2. The Organizing Committee reserves the right to adjust sport formats as deemed necessary based on sport entries, weather, darkness, sporting fair play, and any other unforeseen circumstances that would jeopardize the ability to complete the tournament within the scheduled timeframe.

3. The Archery competition will be played in an outdoor venue.

FORMAT

4. Individual Events. Competitors can only shoot one of the following categories:
   a. Novice Recurve Women (IA1) Novice Recurve Men (IA2)
   b. Open Recurve Women (IA3) Open Recurve Men (IA4)
   c. Open Compound Women (IA5) Open Compound Men (IA6)

5. Team Events: Teams will consist of any 3 competitors in each of the following categories (all members of the team will have previously competed in their respective individual category):
   a. Novice Recurve (IA1 and/or IA2 - Team of 3)
   b. Open Recurve (IA3 and/or IA4 - Team of 3)
   c. Open Compound (IA5 and/or IA6 - Team of 3)

INDIVIDUAL EVENTS

6. An AB/CD shooting format will be used for this tournament. AB shooters will shoot their arrows and then come off the line. CD shooters will follow, shooting their arrows next, and then all archers will retrieve and score. There will be 2 qualification rounds where the competitors shall shoot two (2) separate 300 rounds (10 ends of three arrows).

7. Progression. The top 8 competitors in each individual event will move to the elimination (medal) round. The elimination round will be single elimination. Elimination rounds for each event will be 5 ends of 3 arrows, 120 seconds per end.
   a. Scoring for Novice Recurve (IA1/IA2) and Recurve (IA3/IA4) will be set play scoring (2 points for winning a set, 1 point awarded to each team for a tied set, first team to 5 points wins the match)
   b. Scoring for Compound (IA5/IA6) will be match play scoring (cumulative score of all 15 arrows)
8. The medal matches for each event will be 5 ends of 3 arrows, alternating shots, 30 seconds per arrow.

9. **Shooting Distance:** The shooting distance will be 18m.

10. **Equipment Rules:** All equipment must conform to FITA rules.

11. **Target Size:**
   a. Novice Recurve (IA1/IA2) will be a 60cm FITA target face
   b. Recurve (IA3/IA4) will be a 40cm FITA target face
   c. Compound (IA5/IA6) will shoot 40cm FITA target face

12. **Scoring:**
   a. Novice Recurve (IA1/IA2) and Recurve (IA3/IA4) will score using the outer 10 ring
   b. Compound (IA5/IA6) will score using the inner 10 ring

**TEAM EVENT**

13. Each nation can enter one team in each equipment category (i.e. Novice Recurve, Open Recurve and Open Compound) consisting of three archers per team. Archers must be selected from the individual competition and may not compete in more than one team event.

14. The format for the team event is as follows:
   a. 5 sets of 6 arrows (2 arrows per competitor).
   b. 240 seconds for the team to shoot all six arrows.
   c. All three members of the team can be on the shooting line at the same time.
   d. Only 1 archer can shoot at a time. The archers who are not shooting may not remove an arrow from their quiver until it is their turn to shoot. The shot of the previous archer will be deemed complete once the arrow has struck the target.
   e. Novice Recurve (IA1/IA2) Recurve (IA3/IA4) matches will be scored using set play (2 points for winning a set, 1 point awarded to each team for a tied set, first team to 5 points wins the match).
   f. Compound (IA5/IA6) matches will be scored using match play (cumulative score of all 30 arrows).
   g. In the event of a tie in either the Recurve (IA1/IA2 or IA3/IA4) or Compound (IA5/IA6) the winner of the match will be determined as follows:
      i. 1 set of 3 arrows (1 arrow per competitor).
      ii. 120 seconds for the team to shoot all three arrows.
      iii. All three members of the team can be on the shooting line at the same time.
      iv. Only 1 archer can shoot at a time. The archers who are not shooting may not remove an arrow from their quiver until it is their turn to shoot. The shot of the previous archer will be deemed complete once the arrow has struck the target.
      v. The team with the highest cumulative score will be declared the winner of the match.
      vi. If the score is tied, the match will be decided based on the closest arrow to the centre of the target.
   h. Teams will use the same type of targets face as per the ranking round for each equipment category.
## Archery

### Categorization

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Equipment</th>
</tr>
</thead>
</table>
| IA1      | Novice Recurve Women: Women who started to participate in archery on/after May 15, 2016 | Participants must use equipment provided by event organizer:  
- Recurve bow (estimated 20-24lbs draw) equipped with an arrow rest, a sight, and a knocking point  
- Finger tab  
- Arm guard  
- Six matched arrows  
- Quiver |
| IA2      | Novice Recurve Men: Men who started to participate in archery on/after May 15, 2016 | Participants must use equipment provided by event organizer:  
- Recurve bow (estimated 20-24lbs draw) equipped with an arrow rest, a sight, and a knocking point  
- Finger tab  
- Arm guard  
- Six matched arrows  
- Quiver |
| IA3      | Open Recurve Women | Archers who will supply their own recurve bow and ancillary equipment |
| IA4      | Open Recurve Men | Archers who will supply their own recurve bow and ancillary equipment |
| IA5      | Open Compound Women | Archers who will supply their own compound bow and ancillary equipment |
| IA6      | Open Compound Men | Archers who will supply their own compound bow and ancillary equipment |
ATHLETICS

COMPETITION FORMAT

OVERVIEW

1. The athletics event is open to all competitors, with men and women competing in separate events, with the exception of the Track 4 x 100m relay.

2. Competitor Numbers: A minimum of two competitors must be signed up for an event to be contested in a particular category.

3. Cancelled Events: If there is just one competitor listed for an event, they will be given the option to compete ‘up’ – for example, move from IT2 to IT1. There will not be a factor applied to results in these instances.

FORMAT

TRACK

4. Events: The following events will be offered to men (M) and women (W) in each category (i.e. categories IT1 to IT7).
   a. 100m
   b. 200m
   c. 400m
   d. 1500m

5. Relay Event: There will be one relay event as follows:
   a. Mixed [Men / Women] ambulant 4 x 100m Relay

   Note: The relay will consist of 4 competitors per team, with a maximum of two Open Category (i.e. IT7). Female competitors may form part of the relay team and may come from any Category – they will compete ‘down’ – for example if an IT1 competitor, they would compete in the relay as IT2. Other team members may come from any of the ambulant track categories (e.g. IT1 to IT3). Visually Impaired (VI) runners may take part if they do not require a guide. It is NOT mandatory to field a female competitor.

6. Format – Straight Final: In all races started in lanes, if there is the same number of or fewer entries than there are lanes on the track, the event shall be run as a final.
7. **Format – Heats:** Heats will be run, for races started in lanes, in an event category that has more competitors than lanes. Heats will not be run for the 1500m unless the number of sport entries exceeds 16. The first place finisher in each heat will automatically advance to the final and the other qualifiers shall advance on the basis of their time.

**FIELD**

8. **Events:** The following events will be offered to men (M) and women (W) in each category of the standing / sitting categories.
   I. Discus
   II. Shot

9. **Format – Standing Throws:** For standing field events, if a category has 12 participants or greater they will be broken into preliminary rounds. In such a case, each thrower shall be allowed three throws in the preliminary flight. The top eight overall performers will advance to a final and receive a further three throws. If there are fewer than 12 participants, each participant will get six throws and the event will be conducted as a final.

10. **Format – Seated Throws:** Seated throwers will receive six consecutive throws and the competition will be conducted as a final (i.e. there will not be preliminary round).

11. **Weights for throwing implements are:**

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DISCUS (MALE)</th>
<th>DISCUS (FEMALE)</th>
<th>SHOT (MALE)</th>
<th>SHOT (FEMALE)</th>
</tr>
</thead>
<tbody>
<tr>
<td>IF1</td>
<td>1.5kg</td>
<td>1kg</td>
<td>6kg</td>
<td>3kg</td>
</tr>
<tr>
<td>IF2</td>
<td>1.5kg</td>
<td>1kg</td>
<td>6kg</td>
<td>3kg</td>
</tr>
<tr>
<td>IF3</td>
<td>1.5kg</td>
<td>1kg</td>
<td>6kg</td>
<td>3kg</td>
</tr>
<tr>
<td>IF4</td>
<td>1.5kg</td>
<td>1kg</td>
<td>6kg</td>
<td>3kg</td>
</tr>
<tr>
<td>IF5 (seated)</td>
<td>1kg</td>
<td>1kg</td>
<td>4kg</td>
<td>3kg</td>
</tr>
<tr>
<td>IF6 (seated)</td>
<td>1kg</td>
<td>1kg</td>
<td>4kg</td>
<td>3kg</td>
</tr>
<tr>
<td>IF7 (seated)</td>
<td>1kg</td>
<td>1kg</td>
<td>4kg</td>
<td>3kg</td>
</tr>
</tbody>
</table>

**TIE BREAKERS**

12. If there is a tie, the 2nd longest throw (distance) will be used to break the tie both in the preliminary and final rounds for both standing and seated throws.

13. **Combined Class:** If there are fewer than 2 throwers per category then the Chief Referee will combine categories and instead the competitors will compete head-to-head (i.e. a factoring system will NOT be used).
## CATEGORIZATION

### TRACK CATEGORY

<table>
<thead>
<tr>
<th>EQUIPMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>IT1</strong> (Ambulant)</td>
</tr>
<tr>
<td><strong>IT2</strong> (Ambulant)</td>
</tr>
</tbody>
</table>
| **IT3** (Ambulant) | • Upper limb amputees, permanent upper body limb dysfunction  
• Limited function in one or both upper limbs |
| **IT4** (Wheelchair racing participants) | • Ataxia caused by traumatic brain injury  
• Hypertonia – increased tightness of muscles causing severe tone  
• SCI (Paraplegia or Tetraplegia) with effective trunk/ abdominal function (T6 or below) |
| **IT5** (Wheelchair racing participants) | SCI – Paraplegia or Tetraplegia without effective trunk function (T5 or above) |
| **IT6** (Visually Impaired (VI)) | For participants with a visual acuity of 20/200 or greater, best corrected, and/or a visual field of less than 20 degrees in both eyes |
| **IT7** (Open Class) | Minor or non-permanent physical disabilities and other illnesses (e.g. PTSD, TBI, minor orthopedic injuries) |

### FIELD CATEGORY

<table>
<thead>
<tr>
<th>EQUIPMENT</th>
</tr>
</thead>
</table>
| **IF1** (Standing) | • Single/ double leg amputee (above or below knee) or severe permanent leg dysfunction in one or both lower limb  
• Dynamic balance moderately impaired  
• No upper limb impairment  
• May require assistive device for mobility |
| **IF2** (Standing) | • Upper limb impairment/ amputation  
• Amputations or decreased strength, function and mobility in one or both upper extremities |
| **IF3** (Visually Impaired (VI)) | For participants with a visual acuity of 20/200 or greater, best corrected, and/or a visual field of less than 20 degrees in both eyes |
| **IF4** (Open Class) | • Minor or non-permanent physical disabilities and other illnesses (PTSD, TBI, minor orthopedic injuries)  
• Also includes competitors with minor leg length discrepancy and/or minor balance issues |
| **IF5** (Seated) | • Lower limb impairment – single/ bilateral amputee or T12 or below spinal cord injury with NO trunk impairment. Competitors who deem themselves unable to compete standing up due to the severity of their injury, may elect to compete in this category. |
| **IF6** (Seated) | Paraplegia/ impaired trunk function – very high bilateral AK amputee or T11 or above spinal cord injury with demonstrable trunk impairment |
| **IF7** (Seated) | • (Tetraplegia/ severe hemiplegia) Spinal cord injury at C8 or above  
• Moderate to severe upper limb impairments including but not limited to limited handgrip, impairments in triceps/ biceps, decreased wrist function  
• Partial complete loss of trunk and lower limb function  
• Limited active trunk rotation  
• Partial/ limited trunk movement in the forward plane |
COMPETITION FORMAT

OVERVIEW
1. The cycling event is open to all competitors, with men and women competing in separate categories.

2. Cycling will be held over two days with the Time Trial being held on the first day and the Criterium on the second day.

3. Competitors may choose to participate in one or both of the cycling events.

FORMAT
4. The following events will be offered to men (M) and women (W) in each category:
   a. **Time Trial**: The Time Trial (TT) will be contested over a distance of 11km on a single loop course.
      - Road Bike Categories (IRB1-IRB3)
      - Hand Bike Categories (IHB1-IHB2)
      - Recumbent Bike Category (IRecB1)
      - Tandem Bike Category (ITB1)

   b. **Criterium (Circuit) Race**: The Criterium will be contested over several laps of a 1.7km course.
      - Road Bike Categories (IRB1-IRB3)
      - Hand Bike Categories (IHB1-IHB2)
      - Recumbent Bike Category (IRecB1)
      - Tandem Bike Category (ITB1)

**Note**: The duration of the Criterium races is to be determined based on the number of entries by category. Where possible the intent is to run a series of 30min races subject to the makeup of entry numbers, various race categories of rider might ride in the same race. Each Category shall, however, receive their own results. That said, the organizers reserve the right to run shorter races, either as a single or combined category event, if required.
CATEGORIZATION

Cycling is open to all illness / injury groups, with men and women competing separately for medals. Medals will be awarded in 3 disciplines (Road, Hand and recumbent Bikes), across a maximum of 14 categories (7 for men and 7 for women). They are:

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DESCRIPTION</th>
<th>TECHNICAL / FUNCTIONALITY</th>
</tr>
</thead>
</table>
| IRB1 (IPC C1-C3) Road Bike | • Severe locomotor dysfunction  
• Single amputation of leg above knee, and arm  
• Double through knee amputation | • Poor functional strength in trunk, and/or in all extremities  
• Locomotor dysfunction |
| IRB2 (IPC C4-C5) Road Bike | • Single amputation below knee with use of prosthetics and single below elbow amputation  
• Single below knee amputation, with prosthesis  
• Double below knee amputation  
• Single amputation above elbow, no functional grip  
• Single amputation below elbow with use of prosthesis | • Noticeably brisk reflexes or clear differences in reflexes left versus right  
• Minimal impairments |
| IRB3 (Open) Road Bike | • For those who do not have a permanent disability that affects cycling performance (e.g. PTSD, Mild Traumatic Brain Injury (mTBI/TBI), minor orthopaedic injury etc.) | |
| IHB1 (IPC H1-H3) Hand Bike | • Tetraplegic with impairments corresponding to complete cervical lesion at or above C8 vertebra  
• Paraplegic with impairments corresponding to a complete lesion from T1 to T10 | • Limited handgrip  
• No lower limb function or limited function  
• Limited trunk stability to complete loss of trunk function |
| IHB2 (IPC H4-H5) Hand Bike | • Paraplegic with impairments corresponding to a complete lesion from T11 or below  
• Double below or double through knee amputee  
• Single leg amputee, minimal disability below knee amputation | • Incomplete loss of lower limb function, with other disabilities, which prevent the safe use of conventional bicycle or tricycle  
• Normal or almost normal trunk stability |
| IRecB1 Recumbent Bike | • For cyclists with orthopaedic or other conditions that prohibit them from riding a two-wheel upright bike or hand bike | |
| ITB1 Tandem Bike | • For cyclists with a visual impairment who require a pilot rider | |

GENERAL POINTS

- Some categories, including males and females, may race together but will be scored separately.

- Information on the IPC classification scheme can be found here: http://www.uci.ch/mm/Document/News/Rulesandregulation/16/26/73/16-PAR-20160101-E_English.pdf
COMPETITION FORMAT

OVERVIEW

1. There will be two categories (male and female).

2. A minimum of 3 participants per category is required. If the minimum three individuals needed is not met, the competition will consist of a one category mixed competition. In this instance male and female tee markers will be utilized.

3. Players must have a valid 2017 golf handicap through their local amateur golf association (to have a valid handicap a golfer must have submitted five 18-hole golf scores by no later than August 1, 2017.)

FORMAT

4. The Invictus Games Golf competition will be an Individual event that will take place over 18 holes of play, using a Net Stableford Scoring System.
   a. Individual Women (IG1)
   b. Individual Men (IG2)

5. Stableford is a scoring system used in the sport of golf. Rather than counting the total number of strokes taken, as in stroke play, it involves scoring points based on the number of strokes taken at each hole. Unlike traditional scoring methods, where the aim is to have the lowest score, under Stableford rules, the objective is to have the highest score.

6. In order to speed up the pace of play, as once it is no longer possible to score a point, players do not have to complete the hole but can simply pick up their ball and proceed to the next hole.

7. The number of points awarded on each hole is determined based on comparison of the number of strokes taken to a fixed score (par.) This fixed score is then adjusted in relation to the player’s handicap. Once players have taken two strokes more than the adjusted fixed score, they may abandon the hole and move on to the next, as it is then not possible to score any points on that first hole. Because of this, it is still possible to be competitive even allowing for a few bad holes. At the end of the round, the number of points scored on each hole is totaled to give a final score. The winner of a Stableford competition is the player with the highest point total.
TIE BREAKERS

8. In the instance of a tie after the 18-hole competition, a 3-hole aggregate net Stableford playoff will be used to determine a winner.

9. If a tie still exists following the 3-hole playoff, the tied golfers will continue with a sudden death format.

CATEGORIZATION

CATEGORIES

1. There will be two categories (male and female).

2. Players must have a valid 2017 golf handicap through their local amateur golf association. (to have a valid handicap a golfer must have submitted a minimum of five 18-hole golf scores by no later than August 1, 2017.)

   a. Two basic premises underlie the Handicap System, namely that each player will try to make the best score at every hole in every round, regardless of where the round is played, and that the player will post every acceptable round for peer review. The player and the player’s Handicap Committee have a joint responsibility for adhering to these premises.

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>IG1</td>
<td>Individual Women with Golf Handicap</td>
</tr>
<tr>
<td>IG2</td>
<td>Individual Men with Golf Handicap</td>
</tr>
</tbody>
</table>
COMPETITION FORMAT

OVERVIEW

1. Powerlifting is open to all competitors, with men and women competing in separate categories:

   The 6 categories are:
   
   1. **Women - Lightweight** (IP1) - up to 61 kg
   2. **Women – Midweight** (IP2) - 61.01 to 79 kg
   3. **Women – Heavyweight** (IP3) - 79.01 and over
   4. **Men - Lightweight** (IP4) - up to 72 kg
   5. **Men - Midweight** (IP5) - 72.01 to 97 kg
   6. **Men - Heavyweight** (IP6) - 97.01 kg and over

FORMAT

The Invictus Games competition will run with the following competition formats:

- In designated single body weight categories for Men and Women
- With the AH formula (only if body weight categories are combined due to low entries)

Where there are up to ten lifters in a single bodyweight category there can be one group of lifters. Wherever there are more than ten lifters competing in the same bodyweight category then sub groups should be formed with a maximum of ten lifters per sub group.

Where sub groups are formed they should be as equal in number as possible and the order of grouping shall be determined by the starting weight declared at weigh-in. The lifters with the lowest starting weights will form the first group to lift, with progressively higher starting weights forming subsequent groups as necessary.

2. **AH [Haleczko] FORMULA**

   In such cases where numbers of entries per specific category are less than three, bodyweight categories will be combined as agreed upon by the Local Organizing Committee and Invictus Games and then the AH formula applied to determine competitors’ competition ranking and medals.

3. **Lot Draw**: The drawing of lots is a process where lifters are allocated a number by which they will be weighed in, and compete during the competition, where lifters have chosen the same weights for their next attempts. Lot Draw will take place following the Technical Meeting.
ROUND SYSTEM

4. There are three competitive rounds in the competition. All lifters must complete each relevant round in sequential order, first by the order of the lifting weight chosen and then, where the weight chosen is the same, by the order of the lot draw. The lifter with the lowest lot number drawn for the weigh in must always lift first.

5. The bar must be loaded progressively for each round on the principle of a rising bar whereby each lifter will take his/her first attempt in the first round, his/her second attempt in the second round and his/her third attempt in the third round. If unsuccessful with an attempt, the lifter does not follow themselves but must wait until the next round before they can attempt the weight again or make a new attempt at a heavier weight.

6. Having made their attempt, the lifter/coach must decide upon the weight required for the next attempt. The chosen weight must be filled in where indicated on the official attempt card, which will be kept at the marshals table. This must be done before the one-minute time allowance has elapsed (time from competitor leaving the bench).

CATEGORIZATION

CATEGORIES

1. Powerlifting is open to all competitors, with men and women competing in separate categories:

The 6 categories are:

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>IP1</td>
<td>Women lightweight up to 61 kg</td>
</tr>
<tr>
<td>IP2</td>
<td>Women midweight between 61.01 and 79 kg</td>
</tr>
<tr>
<td>IP3</td>
<td>Women heavyweight 79.01 kg and over</td>
</tr>
<tr>
<td>IP4</td>
<td>Men lightweight up to 72 kg</td>
</tr>
<tr>
<td>IP5</td>
<td>Men midweight between 72.01 and 97 kg</td>
</tr>
<tr>
<td>IP6</td>
<td>Men heavyweight 97.01 kg and over</td>
</tr>
</tbody>
</table>
COMPETITION FORMAT

OVERVIEW
1. Rowing is open to all competitors, with men and women competing in separate categories.
2. There must be a minimum of two competitors per event. In the event that there is a single competitor, they will be given the opportunity to compete ‘up’ (i.e. IR1 compete with IR2 competitors), but there will be no factoring to the distance and no separate medals awarded.

FORMAT
3. Competitors are eligible to compete in both of the following events:
   a. One-minute individual sprint race
   b. Four-minute individual endurance race
4. Competitors may only race once in each event, and must use the same category for both races.
5. Competitors racing in the one and/or four-minute individual races will be ranked in their categories, by the distance rowed in the designated time period for that event.
**COMPETITION FORMAT AND CATEGORIZATION**

**INDOOR ROWING**

**CATEGORIZATION**

Rowing is open to all illness/ injury groups, with men and women competing separately for medals. Medals will be awarded across both the 1 minute and 4 minute events for a maximum of 12 categories (6 for men and 6 for women).

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DESCRIPTION</th>
<th>TECHNICAL / FUNCTIONALITY</th>
<th>EQUIPMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>IR1</td>
<td>Triple Amputees/ Complex Trauma to 3 or more limbs.</td>
<td>• Competitors have a complex trauma injury to 3 or more limbs</td>
<td>Static rowing seat (flat or upright) and single hand grip. Hand grips allowed on remaining hand if grip impaired.</td>
</tr>
<tr>
<td>IR2 (FISA AS)</td>
<td>For those who can only use arms and shoulders – no leg/ trunk function (e.g. VERY high bilateral amputees, SCI (those who rely on a wheelchair etc)) Neurological impairment with a complete lesion at T12 level, or an incomplete lesion at T10</td>
<td>• Unable to pass a long sit test – if the competitor sits with their legs straight out in front of them with arms straight out at shoulder height, are they able to lean forwards 45° and backwards 45°? • Unable to perform a standing squat</td>
<td>Upright rowing seat with lap, pelvic and chest strap. Hand grips allowed if grip impaired, e.g. Active Hands</td>
</tr>
<tr>
<td>IR3</td>
<td>Upper Limb impairments only – full leg and trunk function, i.e. above elbow amputees, below elbow amputees, nerve damage to upper limbs etc</td>
<td>• Would row with one arm/ with hand grips if grip impaired • Full leg and trunk function – are able to propel themselves on a sliding seat</td>
<td>Single hand grip, standard rowing seat and set up (sliding seat). If grip impaired on other hand, hand grips allowed, e.g. Active Hands</td>
</tr>
<tr>
<td>IR4 (FISA TA)</td>
<td>This would be for severe leg impairments, with trunk function including bilateral amputees with long residual femur, reduced active functional range of movement in one or both knees which prevents compression beyond half slide – i.e. significantly reduced flexion of the knee(s) Neurologic impairment equivalent to a complete lesion at L3 level, or incomplete lesion at L1</td>
<td>• Unable to perform a standing squat • Unable to propel themselves on a sliding seat of a rowing machine • Tested with and without prosthetics</td>
<td>Flat seat [static] with leg straps (x2). Hand grips allowed if grip impaired, e.g. Active Hands</td>
</tr>
<tr>
<td>IR5 (FISA LTA)</td>
<td>Use of legs, trunk and arms but with a physical impairment, i.e. below knee or through knee amputee, VI, ankle/ wrist injuries, minor upper arm injuries (usually below elbow); includes visual impairment</td>
<td>• Able to row using legs, trunks and arms (i.e. standard rowing machine set up) • Able to propel the sliding seat of a rowing machine at half slide for 15-20 stroke • This Category can also include neurological impairments with a physiological impact (i.e. reduced coordination)</td>
<td>Standard rowing seat. Hand grips allowed if grip impaired, e.g. Active Hands</td>
</tr>
<tr>
<td>IR6</td>
<td>Open – For all those without a physical injury/ minimal physical injury (i.e. PTSD, brain injury etc.)</td>
<td>• Able to row using legs, trunk and arms on a standard rowing machine</td>
<td>Standard rowing seat and set up. Hand grips allowed if grip impaired, e.g. Active Hands</td>
</tr>
</tbody>
</table>
COMPETITION FORMAT

OVERVIEW

1. All matches played in the preliminary and championship rounds will be the best of 3 sets format.

2. Nations will be limited to a squad size of 16 with a team size of a maximum of 12 competitors for each match for prelims and finals. Teams will be allowed a maximum of 5 staff throughout all matches.
   a. The 12 competitors for each prelim match must be named at least 30 minutes before first serve and cannot be substituted.
   b. To be eligible for Championship round selection, an competitor must play in a minimum of 1 preliminary match.
   c. The squad of 12 named for the Championship round is not interchangeable and must be submitted to the SOC Chair 24 hours before semi-final tip-off. These 12 competitors will play in both the semi-finals and Bronze/Gold medal matches.

FORMAT

3. Preliminary Round:
   • Nations will be split into two pools and will play a round-robin format within their pool
   • The Gold and Silver medal winners from Invictus Games 2016 will be named in Pool A and Pool B respectively, with the remaining teams being drawn randomly across Pool A and Pool B
   • The top 2 teams from each pool will advance to the Championship round

Tie-break procedures:
   • A tie involving two teams will be broken by the head-to-head match result of the teams during pool play
   • A tie involving 3 or more teams will be broken using the following methods in the order listed and they do not repeat when one tie is broken:
     I. Head-to-head match results of all teams involved in the tie
     II. Set quotient – total number of sets won divided by total number of sets lost in all pool play matches
     III. Point quotient – total number of points won divided by total number of points lost in all pool play matches
4. Championship Round:
   • Semi-finals: The first place from Pool A plays the second place from Pool B and the first place from Pool B plays the second place from Pool A.
   • Bronze Medal Match: The two unsuccessful teams from the semi-final matches will play in a Bronze Medal Match.
   • Gold Medal Match: The two teams who win their respective semi-final matches will play in the Gold Medal Match.

5. There must always be six players per team in play. The maximum number of points on the court at any one time is 12; ‘Maximum Players’ = 1 point; ‘Moderate Players’ = 2 points; ‘Open Players’ = 3 points
   • If a Libero is on the court, the six players must still fulfill this requirement

6. A team’s starting line-up will indicate the rotational order of the players on the court.

CATEGORIZATION

CATEGORIES

There will be 3 categories of players who are able to compete as members of a Sitting Volleyball team. The maximum number of points on the court for a team at any one time is 12.

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DESCRIPTION</th>
</tr>
</thead>
</table>
| Maximum (1 point) | This category includes players with the following or more significant physical/functional impairments:  
  • Two or more limbs significantly impaired  
  • Significant upper limb impairment (including paralysis or amputation)  
  • Decreased ability to control core stability due to lower limb impairments of the following nature:  
    i. Bilateral above knee amputation  
    ii. Single hemipelvectomy with single above knee amputation  
  • Trunk impairment leading to severe balance impairment (including spinal cord injury T12 and above) |
| Moderate (2 points) | This category includes players with one of the following physical/functional impairments:  
  • One limb significantly impaired  
  • Moderate upper limb impairment, including amputation at the mid-hand, loss of fingers  
  • Minimal or no core stability/trunk impairment, to include:  
    i. Single below knee/through knee amputation  
    ii. Bilateral below knee/through knee amputation  
  • Measurable loss of strength in a joint (knee, hip, elbow or shoulder) 55% or greater when compared to opposing limb.  
  • Measurable loss of flexibility in a joint a [knee, hip, elbow or shoulder] 55% or greater when compared to opposing limb.  
  • Measurable loss of mobility in a limb and/or joint 55% or greater when compared to opposing limb.  
  • Combination of loss of strength and/or flexibility (range of motion) in a joint (knee, hip, elbow or shoulder) combine loss of 70% or greater when compared to opposing limb.  
  • Significant balance issues (e.g. player must walk with assistive devices) |
| Open (3 points) | This category is for players with minor or non-permanent physical disabilities and other illnesses [e.g. PTSD, TBI, minor orthopedic injuries] including but not exclusively:  
  • No loss of motor control.  
  • Minor or no balance issues.  
  • Minor measurable loss of strength/ flexibility/ mobility in a limb/joint |
COMPETITION FORMAT

OVERVIEW
1. The swimming event is open to all competitors, men and women competing in separate categories, with the exception of the Mixed 4 x 50m Freestyle Relay.

2. There must be a minimum of 2 participants per event in order to run the event, and the minus 1 rule will be in effect when awarding medals. Where there is only one competitor in a category, they will be offered to ‘swim up’ – there will be no factoring to the time.

3. The Chief Referee will use their discretion in the application of the rules to make reasonable allowances for the standard of the swimmers competing in this event.

FORMAT
4. Individual Events: The following events will be offered separately to men and women in each category, which are:
   A) 50m Freestyle
   B) 100m Freestyle
   C) 50m Backstroke
   D) 50m Breaststroke

   Please note: the above is not the order of events for competition.

5. Team Events: There will be 1 relay event, which will be a mixed gender and mixed category 4 x 50m freestyle relay. Each nation may enter a team of 4 swimmers, comprising of male and female swimmers where possible, into the relay event and each team is to consist of 1 swimmer from each of the 4 categories (i.e. 1 x ISA swimmer, 1 x ISB, 1x ISC and 1 x ISD swimmer). Teams can contain a combination of swimmers with more significant impairments (e.g. an ISD category swimmer could be substituted for an ISA-C swimmer, an ISC swimmer for an ISB swimmer and so on).

6. General: During the heats the Chief Referee in conjunction with the SOC will determine the optimum method of organizing the programme either by running single category or multiple category heats. All finals will be run as single category events.

7. Heats: Where heats are required the competitors will be assigned a lane number by means of a random draw. The quickest 8 swimmers from the heats will progress to the final.

8. Finals: Where no heats are necessary, lanes for the final shall be assigned by means of a random draw.
9. **Lane Draw:** Where preliminary heats have been held, lanes shall be assigned based on times established in such heats.

## CATEGORIZATION

**NOTE:** These categories have been revised for IG2017.

<table>
<thead>
<tr>
<th>CATEGORIZATION</th>
<th>INJURIES / ILLNESSES AND FUNCTIONALITY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ISA</strong></td>
<td>• 3 or more limbs severely affected</td>
</tr>
<tr>
<td></td>
<td>• Triple amputees - minimum ½ limbs missing</td>
</tr>
<tr>
<td></td>
<td>• Quadruple amputees - minimum ½ limb missing</td>
</tr>
<tr>
<td></td>
<td>• Tetraplegic (C1-7 Complete)</td>
</tr>
<tr>
<td></td>
<td>• Acquired Brain Injury Quadriplegic</td>
</tr>
<tr>
<td><strong>ISB</strong></td>
<td>• Double through knee amputee</td>
</tr>
<tr>
<td></td>
<td>• Double above knee amputee</td>
</tr>
<tr>
<td></td>
<td>• Above elbow and above knee on opposite sides</td>
</tr>
<tr>
<td></td>
<td>• Complete paraplegic below T1 – L1</td>
</tr>
<tr>
<td></td>
<td>• Above elbow and above knee on same side</td>
</tr>
<tr>
<td></td>
<td>• Double above elbow amputee</td>
</tr>
<tr>
<td></td>
<td>• Totally Blind (blacked/opaque goggles and tappers required)</td>
</tr>
<tr>
<td></td>
<td>• Acquired Brain Injury Hemiplegia</td>
</tr>
<tr>
<td></td>
<td>• Acquired Brain Injury Ataxic</td>
</tr>
<tr>
<td><strong>ISC</strong></td>
<td>• Double foot amputee</td>
</tr>
<tr>
<td></td>
<td>• Double below knee amputee</td>
</tr>
<tr>
<td></td>
<td>• Single above elbow amputee</td>
</tr>
<tr>
<td></td>
<td>• Double below elbow amputee</td>
</tr>
<tr>
<td></td>
<td>• Single leg amputee (above or below knee)</td>
</tr>
<tr>
<td></td>
<td>• Single arm amputee through elbow</td>
</tr>
<tr>
<td></td>
<td>• Spinal Cord injury LS complete or all incompletes</td>
</tr>
<tr>
<td></td>
<td>• One non-functional leg</td>
</tr>
<tr>
<td></td>
<td>• Severe hip restriction</td>
</tr>
<tr>
<td></td>
<td>• Severe restriction 1 joint lower limb</td>
</tr>
<tr>
<td></td>
<td>• Trauma to 1 arm with significant functional impairment</td>
</tr>
<tr>
<td></td>
<td>• Single arm brachial plexus</td>
</tr>
<tr>
<td></td>
<td>• Minor Physical Impairment to include:</td>
</tr>
<tr>
<td></td>
<td>- GSW with minimal / no functional impairment</td>
</tr>
<tr>
<td></td>
<td>- Minimal muscle loss</td>
</tr>
<tr>
<td></td>
<td>- Minimal loss of passive / active range of movement</td>
</tr>
<tr>
<td></td>
<td>- 1 hand missing or less (wrist mark)</td>
</tr>
<tr>
<td></td>
<td>- 1 foot missing or less (ankle mark)</td>
</tr>
<tr>
<td></td>
<td>• MTBI &amp; TBI with minimal functional impairment</td>
</tr>
<tr>
<td></td>
<td>• Visual Impairment (no blacked out goggles or tappers) – legally blind as defined by medical practitioner best corrected</td>
</tr>
<tr>
<td><strong>ISD</strong></td>
<td>• Psychological Injury – PTSD, Anxiety, Depression</td>
</tr>
<tr>
<td></td>
<td>• Hearing Impairment</td>
</tr>
<tr>
<td><strong>PLEASE NOTE:</strong></td>
<td>This could also include SEVERE trauma as opposed to amputation (e.g. a single through knee and severe blast trauma to the lower leg on other limb resulting in minimal limb function)</td>
</tr>
<tr>
<td><strong>PLEASE NOTE:</strong></td>
<td>As above, where it states amputation, this would include SEVERE trauma.</td>
</tr>
</tbody>
</table>
COMPETITION FORMAT

OVERVIEW

1. Each nation may enter a maximum of one Wheelchair Basketball Team.

2. The tournament will be a mixed gender event with no minimum gender requirements.

3. Squad size:
   - For the preliminary rounds, nations will be limited to a **squad size of 16** with a team size of a maximum of **12 competitors** for each match (prelims and finals). For each individual preliminary pool match each team must submit a team sheet with their **12 competitors** for that particular match. A team sheet (regardless of whether any changes have been made or not) must be submitted to officials, no less than 30 minutes before tip-off for **every** preliminary pool match.
   - For an competitor to be eligible for the semi and final matches they must have played in **at least one** preliminary match.
   - A nation can select a **maximum of 12** competitors to take through to semis and finals. This will be the same 12 competitors for the semis and finals - the names and classifications of these 12 competitors will be submitted **immediately** following the conclusion of the preliminary rounds.

4. Each team will submit a team sheet, which will include a player’s category, prior to the start of the tournament – this will contain **all** players on the squad for the preliminary round (regardless of whether they are the likely individuals to progress through the semis and finals).

5. A team must always have **five players** in play on the court. The maximum number of points on the court at any one time is **12**: `'Maximum Players’ – 1 point; ‘Moderate Players’ = 2 points; ‘Open Players’ = 3 points`

FORMAT

6. Teams are scheduled to play within two pools; The Gold and Silver medal winning teams from Invictus 2016 will be named in Pool A and Pool B respectively, with the remaining teams being drawn randomly across Pool A and Pool B. Each team will play each other once in the pools. The 1st and 2nd place teams from each pool will progress to the semis and finals.

7. Games will consist of two 10-minute running clock halves during pool play and two 15-minute running clock halves during semifinals and finals. The Organizing Committee reserves the right to adjust timings based on entries and scheduling.

8. Once all pool games have been played, teams will be seeded for the semi-finals – with the 1st and 2nd place teams from each Pool progressing through.
9. The two semi-final matches will be played with a crossover format (i.e. the 1st placed team in Pool A will play the 2nd placed team in Pool B and vice versa).

10. The winners of the semi-finals will progress to the Gold Medal game and the losers of the semi-final will progress to the Bronze Medal Game.

**CATEGORIZATION**

**CATEGORIES**

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximum (1 point)</td>
<td>This category includes players with the following or more significant physical/functional impairments:</td>
</tr>
<tr>
<td></td>
<td>- Two or more limbs significantly impaired</td>
</tr>
<tr>
<td></td>
<td>- Significant upper limb impairment (including paralysis or amputation)</td>
</tr>
<tr>
<td></td>
<td>- Decreased ability to control core stability due to lower limb impairments of the following nature:</td>
</tr>
<tr>
<td></td>
<td>- Bilateral above knee amputation</td>
</tr>
<tr>
<td></td>
<td>- Single hemipelvectomy with single above knee amputation</td>
</tr>
<tr>
<td></td>
<td>- Trunk impairment leading to severe balance impairment (including spinal cord injury T12 and above)</td>
</tr>
<tr>
<td>Moderate (2 points)</td>
<td>This category includes players with one of the following physical/functional impairments:</td>
</tr>
<tr>
<td></td>
<td>- One limb significantly impaired</td>
</tr>
<tr>
<td></td>
<td>- Moderate upper limb impairment, including amputation at the mid-hand, loss of fingers</td>
</tr>
<tr>
<td></td>
<td>- Minimal or no core stability/trunk impairment, to include:</td>
</tr>
<tr>
<td></td>
<td>- Single below knee/through knee amputation</td>
</tr>
<tr>
<td></td>
<td>- Bilateral below knee/through knee amputation</td>
</tr>
<tr>
<td></td>
<td>- Measurable loss of strength in a joint (knee, hip, elbow or shoulder) 55% or greater when compared to opposing limb.</td>
</tr>
<tr>
<td></td>
<td>- Measurable loss of flexibility in a joint (knee, hip, elbow or shoulder) 55% or greater when compared to opposing limb.</td>
</tr>
<tr>
<td></td>
<td>- Measurable loss of mobility in a limb and/or joint 55% or greater when compared to opposing limb.</td>
</tr>
<tr>
<td></td>
<td>- Combination of loss of strength and/or flexibility (range of motion) in a joint (knee, hip, elbow or shoulder) combine loss of 70% or greater when compared to opposing limb.</td>
</tr>
<tr>
<td></td>
<td>- Significant balance issues (e.g. player must walk with assistive devices)</td>
</tr>
<tr>
<td>Open (3 points)</td>
<td>This category is for players with minor or non-permanent physical disabilities and other illnesses (e.g. PTSD, TBI, minor orthopedic injuries) including but not exclusively:</td>
</tr>
<tr>
<td></td>
<td>- No loss of motor control.</td>
</tr>
<tr>
<td></td>
<td>- Minor or no balance issues.</td>
</tr>
<tr>
<td></td>
<td>- Minor measurable loss of strength/ flexibility/mobility in a limb/joint</td>
</tr>
</tbody>
</table>
## COMPETITION FORMAT

### OVERVIEW

1. Each nation may enter a maximum of one Wheelchair Rugby Team.

2. The tournament will be a mixed gender event with no minimum gender requirements.

3. Squad size:
   - For the preliminary rounds, nations will be limited to a squad size of 14 with a team size of a maximum of 10 competitors for each match (prelims and finals). For each individual preliminary pool match each team must submit a team sheet with their 10 competitors for that particular match. A team sheet (regardless of whether any changes have been made or not) must be submitted to officials, no less than 30 minutes before tip-off for every preliminary pool match.
   - For an competitor to be eligible for the semi-final and final matches they must have played in at least one preliminary match.
   - A nation can select a maximum of 10 competitors to take through to semi’s and finals. This will be the same 10 competitors for the semi’s and finals – the names and classifications of these 10 competitors will be submitted immediately following the conclusion of the preliminary rounds.

4. A team must always have four players in play on the court. The maximum number of points on the court at any one time is 8: ‘Maximum Players’ = 1 point; ‘Moderate Players’ = 2 points; ‘Open Players’ = 3 points.

### FORMAT

Teams are scheduled to play within two pools; The Gold and Silver medal winning teams from Invictus 2016 will be named in Pool A and Pool B respectively, with the remaining teams being drawn randomly across Pool A and Pool B. Each team will play each other once in the pools. The 1st and 2nd place teams from each pool will progress to the semis and finals.

5. Games will consist of two 8-minute running clock halves during pool play and two 15-minute running clock halves during semifinals and finals.

6. Once all pools games have been played teams will be seeded for the semi finals – with the 1st and 2nd placed teams from each Pool progressing through.

7. The two semi final matches will be played with a crossover format (i.e. the 1st placed team in Pool A will play the 2nd placed team in Pool B and vice versa).

8. The winners of the semi-finals will progress to the Gold Medal game and the losers of the semi-final will progress to the Bronze Medal Game.
### CATEGORIZATION

#### CATEGORIES

<table>
<thead>
<tr>
<th>CATEGORY</th>
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</tr>
</thead>
</table>
| **Maximum**<br>(1 point) | This category includes players with the following or more significant physical/functional impairments:  
  - Two or more limbs significantly impaired  
  - Significant upper limb impairment (including paralysis or amputation)  
  - Decreased ability to control core stability due to lower limb impairments of the following nature:  
    i. Bilateral above knee amputation  
    ii. Single hemipelvectomy with single above knee amputation  
  - Trunk impairment leading to severe balance impairment (including spinal cord injury T12 and above) |
| **Moderate**<br>(2 points) | This category includes players with one of the following physical/functional impairments:  
  - One limb significantly impaired  
  - Moderate upper limb impairment, including amputation at the mid-hand, loss of fingers  
  - Minimal or no core stability/trunk impairment, to include:  
    i. Single below knee/through knee amputation  
    ii. Bilateral below knee/through knee amputation  
  - Measurable loss of strength in a joint (knee, hip, elbow or shoulder) 55% or greater when compared to opposing limb.  
  - Measurable loss of flexibility in a joint (knee, hip, elbow or shoulder) 55% or greater when compared to opposing limb.  
  - Measurable loss of mobility in a limb and/or joint 55% or greater when compared to opposing limb.  
  - Combination of loss of strength and/or flexibility (range of motion) in a joint (knee, hip, elbow or shoulder) combine loss of 70% or greater when compared to opposing limb.  
  - Significant balance issues (e.g. player must walk with assistive devices) |
| **Open**<br>(3 points) | This category is for players with minor or non-permanent physical disabilities and other illnesses (e.g. PTSD, TBI, minor orthopedic injuries) including but not exclusively:  
  - No loss of motor control.  
  - Minor or no balance issues.  
  - Minor measurable loss of strength/ flexibility/ mobility in a limb/joint |
COMPETITION FORMAT

OVERVIEW
1. Each nation will be able to enter a maximum of two doubles teams.
   a. Teams can consist of 2 male competitors; 2 female competitors or 1 male and 1 female

FORMAT
2. The competition will consist of 2 pools of teams that will compete in a Round Robin style format.
3. The wheelchair tennis competition will be played with each match being played to one set, to six games. No advantage scoring will be used.

NOTE: The Organizing Committee will reserve the right to alter the format of the tournament based on entries or to ensure that competition is completed within the allocated timeframe.

CATEGORIZATION

OVERVIEW
Each nation will be able to enter a maximum of two doubles teams.

   a. Teams can consist of 2 male competitors; 2 female competitors or 1 male and 1 female
   b. All competitors will be categorized as ‘OPEN’

OPEN – the Open Category is open to all competitors (male and female) from all injury and impairment groups.

Please note: That for those who would meet a ‘Quad’ International classification, adaptations to some accommodations will be allowed and agreed following competitor registration (i.e. longer length racket etc.)

All competitors will compete in a self-propelled tennis/day chair.